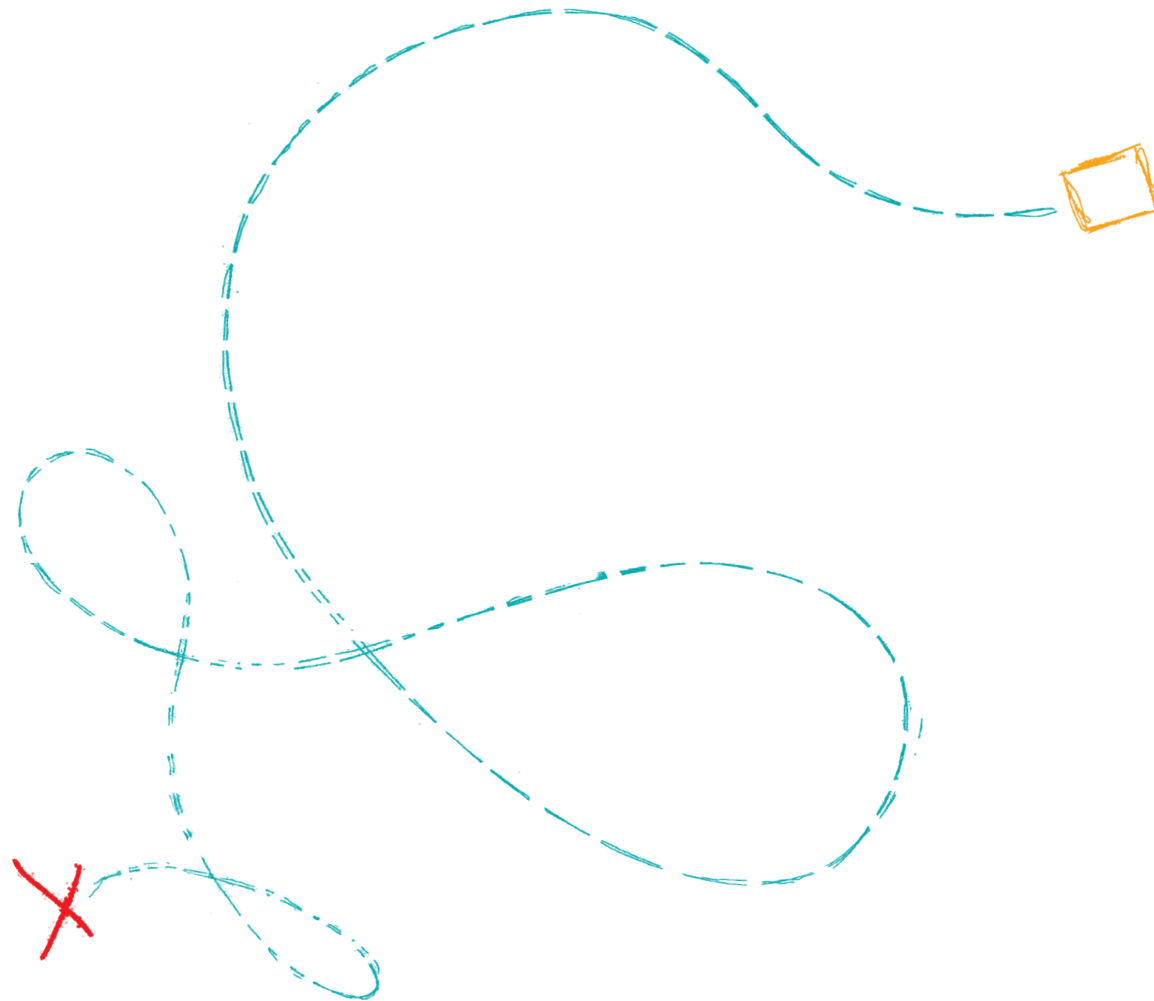


# Now It's Clear

*The Career You Own*



# Story

*My story is a freedom song of struggle. It is about finding one's purpose, how to overcome fear and to stand up for causes bigger than one's self.*

*—Coretta Scott King*



## Reflective Exercise

- 1 First step in writing a great story starts with, “who am I” and what do I want to be remembered for? Consider what others would say about you at a toast at your ninetieth birthday party. What will you have stood for? What will you be loved for? What will you be known for? What will you have done that is bigger than you?

If you can answer these questions you'll have a better idea of the kinds of activities that will be personally meaningful to you to facilitate real growth (Jane McGonigal's book, SuperBetter)

Steps to Writing your Story: Based on John Truby's book, The Anatomy of Story

1. **Write a simple premise line** - your entire story condensed in a single sentence.
2. **Character** - determine the basic action of your hero over the course of the story
3. **Theme** - your purpose, who you impact, why you do what you do, and how you do it

Try using a storyboard to start your writing - create a visual layout of your 'who am I story'.

# My Storyboard



# Monthly Reflection

As you look back and take stock of the real you, what's your next destination?

Things I will start doing  
(purpose, health, wealth)

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Things I will stop doing

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month

year

**S**

**M**

**T**

**W**

**T**

**F**

**S**


NOTES

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# The Story of a Story

by Vasko Popa

*Once upon a time there was a story*

*Its end came*

*Before its beginning*

*And its beginning came*

*After its end*

*Its heroes entered it*

*After their death*

*And left it*

*Before their birth*

*Only they didn't say*

*What they themselves didn't know*

*That they are only heroes in a story*

*In a story whose end comes*

*Before its beginning*

*And whose beginning comes*

*After its end*

